



Gratitude Journal & Bible Study Sheet

With War Room Verses

Gratitude Journal

Morning Gratitude

Before you began your day, list 10 things you're grateful for.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

What My Challenges are Teaching Me

List three obstacles and what you're learning from them.

1.

What i'm learning:

2.

What i'm learning:

3.

What i'm learning:

People I'm Grateful For

List 5 people who've made your life a little happier today, these could be friends, family or strangers!

- 1.
- 2.
- 3.
- 4.
- 5.

The Best Part of My Day

Choose one moment of your day that made you happy and focus on it for 5 minutes before bed

Bible Study

Write Out Bible Passage

What Does This Passage Speak to Me?

How Can I Apply This in My Life?

My Prayer



War Room Verses

I am loved. ~John 3:16

I am forgiven. ~Matthew 26:27 - 28

I am chosen. ~1 Peter 2:9

God's Word is a lamp to my feet. ~Psalm 119:105

We've been given armor. ~Ephesians 6:10-18

The Holy Spirit intercedes for me. ~Romans
8:26-27

He who is in me is greater than he who is in
the world. ~ 1 John 4:4

The Lord is my help. ~Psalm 121

Praise silences the enemy. ~Psalm 8:1 - 3

God is working it all out for my good. ~Romans
8:28